00:06.870 --> 00:10.710

You are now listening to the audacity to fail podcast.

00:10.720 --> 00:16.780

A podcast about miss stepping into success. Get ready to dive into conversations and real

00:16.780 --> 00:22.640 stories from leaders as they share how failure activates A growth mindset is an important part

00:22.640 --> 00:26.360 of learning and motivation for improvement. I'm your host,

00:26.370 --> 00:32.150 Dr Shari Dade psychologist with the National Center for Organizational Development.

00:32.160 --> 00:34.800 Thank you for tuning in. Let's get started.

00:40.970 --> 00:45.350

Support for this leadership podcast comes from the National Center for Organization

00:45.350 --> 00:49.210 Development. N. C. O. D. Aims to increase the long term growth and

00:49.210 --> 00:53.120 performance of the Department of Veterans Affairs by collaboratively working with the

00:53.120 --> 00:56.840 leaders throughout the B. A. To improve organizational outcomes by

00:56.840 --> 01:00.760 supporting the development of an engaged workforce for additional information on our

01:00.760 --> 01:02.870 services, click the link in the show notes.

01:08.390 --> 01:13.620 Leaders have the unique opportunity to engage in conversations and behaviors of equity and

01:13.620 --> 01:18.330 inclusion within their workspace for many leaders, discharge is often filled with the

01:18.330 --> 01:22.820 complexity and challenge for not only their teams but also for themselves.

01:22.830 --> 01:29.400 On today's episode we explore the missteps of navigating the multifaceted topics of diversity,

01:29.410 --> 01:34.305 equity and inclusion for this dialogue. I'm excited to welcome Dr Kipp Corbis,

01:34.315 --> 01:38.515 supervisor of N. C. O. D. S. Action focused consultation team.

01:38.525 --> 01:42.085 The A. F. C. Team provides services that support any leaders

01:42.085 --> 01:47.325 who want to identify actions and behaviors to help them lead their teams as effectively as

01:47.325 --> 01:50.465 possible. Get ready to join us as we explore Miss

01:50.465 --> 01:54.735 stepping into success. This is the audacity to fail podcast episode

01:54.735 --> 01:58.075 three. The journey to diversity and inclusion.

01:58.280 --> 02:05.190 Hi Kipp welcome Yeah, thanks for joining me today and

02:05.190 --> 02:09.830

making some time to be a guest on the podcast.

I know we've had numerous conversations about

02:09.830 --> 02:15.970

The Journey to Diversity and Inclusion with Dr. Kipp Corbus the podcast, so I'm so excited to have you on, definitely.

02:16.500 --> 02:22.410 So to get started, I love to kick off each episode with getting right to the tough part,

02:22.420 --> 02:26.460 the failures, the mistakes and the missteps and you and I,

02:26.460 --> 02:31.820 we've had some past conversations about the process of navigating tough topics like

02:31.820 --> 02:34.130 diversity and inclusion. But more specifically,

02:34.130 --> 02:39.100 we've talked about the importance of having the ability to make mistakes and experience

02:39.100 --> 02:43.820 failures in that process.

At what point in your career or your leadership

02:43.820 --> 02:48.826 journey did you begin to think about about failure as a pathway to success?

02:48.836 --> 02:53.646 Uh, probably every single point. I don't think there's been many points where I

02:53.646 --> 02:59.116 haven't made missteps or failed. It is part of learning and I think it's you got

02:59.116 --> 03:02.436 to learn from each step. What we do with working with leaders is help

03:02.436 --> 03:06.496 them understand challenges and figure out what you can make out of it versus just sitting and

03:06.496 --> 03:10.566 being frustrated that you made a mistake. And I think that's a key part right being able

03:10.566 --> 03:16.352

to understand those challenges, understand what you can receive from those challenges as you're

03:16.352 --> 03:21.352 moving forward because it's very familiar for us to sit into that mistake and say,

03:21.352 --> 03:24.062 oh my goodness, I dropped the ball, you know, oh my goodness,

03:24.062 --> 03:29.452

I dropped the ball on my team and allow that to paralyze us from moving forward.

03:29.462 --> 03:34.462 And so that process of saying no, let me understand that this is a misstep and there's

03:34.462 --> 03:38.042 something that I can gain from it. That's really important.

03:38.052 --> 03:41.312 That's very important. So I know that that's the message of the

03:41.312 --> 03:44.940 podcast to help leaders to see that the misstep is the big,

03:45.218 --> 03:49.378 it's not the ending. And so I know we've talked a lot about that and

03:49.378 --> 03:54.408 how that can be a process of learning you. And I we've had some past conversations about

03:54.408 --> 03:58.408 the process of navigating these tough topics like diversity and inclusion.

03:58.418 --> 04:03.718 And we've all grappled with these mistakes and and I think we're going to make these mistakes

04:03.718 --> 04:07.798

because we still have so much that we can continue to learn from each other in that

04:07.798 --> 04:11.488 process. And when I started to think about leaders who I

04:11.488 --> 04:16.424 could discuss this with and would be able to kind of have this discussion in the many

04:16.424 --> 04:20.754 aspects that come along with this discussion and talk about it in a really genuine way.

04:20.764 --> 04:24.734

I remember the conversation that you and I had when I first joined a.

04:24.734 --> 04:28.904

F. C.

About double consciousness and some of my own

04:28.914 --> 04:35.104 particular anxieties relating to navigating a

new team and a new workspace specifically as a

04:35.104 --> 04:40.774

black woman and in that space you really spoke to me really authentically and you were able to

04:40.774 --> 04:47.570 say, you know, I haven't necessarily had much context around navigating this in my day to day

04:47.580 --> 04:54.170 work, but I'm here to do that with you and what really stood out to me was your ability to

04:54.170 --> 04:59.880 admit this area of growth with saying, you know, this isn't a space that I'm frequently working

04:59.880 --> 05:02.700 with, but I'm there with you, Do you remember that conversation?

05:02.700 --> 05:06.550 I see you nodding like, yep, absolutely, yeah, I remember,

05:06.550 --> 05:11.530 and it was, it was a bit of a realization for me, I mean even that you sharing that was

05:11.530 --> 05:14.956 authentic and helpful and I, I remember being kind of taken aback like,

05:14.966 --> 05:18.686 wow, I didn't think, you know about that and you're saying that help and then know that

05:18.686 --> 05:22.256 definitely stood out for me for sure. Yeah, and I remember in that space you're

05:22.256 --> 05:26.856 saying like, oh wow, like this has stood out to me, I haven't necessarily thought about it in

05:26.856 --> 05:32.046 that way when there are situations like that, what are some things that are helpful for you

05:32.046 --> 05:37.096 to say, Yeah, I'm gonna jump right into this, I'm gonna dive right into this area of growth

05:37.096 --> 05:39.846 without saying, I need to know all the answers first.

05:39.856 --> 05:42.890 Honestly, it's one of these things really been helpful for that,

05:42.902 --> 05:48.142 this consulting role, it is so much of what we do, we don't know the answer,

05:48.152 --> 05:51.692 we don't know, we don't have the same expertise, the leaders we're working with,

05:51.702 --> 05:54.672 we don't know the exact answer or the solution of the problem,

05:54.682 --> 05:57.722

it was an easy answer, the leader probably would have figured it out.

05:57.732 --> 06:03.212 So part of it is I think just knowing you don't have the answers,

06:03.222 --> 06:07.902 it's it's pretty clear to me a lot of times I have no idea what the right answer is,

06:07.912 --> 06:11.922 but I think it's being okay with that. And I think there is a point where you have to

06:11.922 --> 06:15.500 say, I'm not sure. But I'm committed to walking alongside you and

06:15.510 --> 06:20.530 figure out what that should be or or what what answers might be there and and kind of figure

06:20.530 --> 06:22.930 out what that should be.

And I think I try to do the same thing for

06:22.930 --> 06:25.220 myself. I encountered every day.

06:25.230 --> 06:28.030 I've had I've had some good experiences where I've worked in roles.

06:28.040 --> 06:32.230 One of the things that was really helpful. I supervised a group of nurses and where it was

06:32.230 --> 06:37.460 more of a clinical expertise role and it was one of the biggest learnings in my career is

06:37.470 --> 06:43.070 they knew way more about the topics that I did. And the best thing I did in that situation and

06:43.070 --> 06:46.292 there's plenty of times where and I got a little bit of pressure in their role to say,

06:46.292 --> 06:48.752 all right, you should know this. If you're in the supervisory roles,

06:48.762 --> 06:52.092 you should know the answers and the best thing eventually.

06:52.102 --> 06:54.622 And I'll say if you want you want some examples of failure,

06:54.622 --> 06:57.782 I'm sure there's plenty, I'll look at some examples for you,

06:57.792 --> 07:03.092 but but after a while after trying to kind of come with the answers that I'm not sure you

07:03.092 --> 07:06.762 help me teach me about this and let's figure it out together what that looks like.

07:06.762 --> 07:12.724 So I really relied on their tech Nicole expertise and then tried to play a

07:12.734 --> 07:17.564 helpful leadership role and kind of helping get some clarity figure out what we need to do and

07:17.564 --> 07:21.364 make some action from there. I love that thought around saying there are

07:21.364 --> 07:25.824 times where I don't know certain things. I don't have all the answers and I think that

07:25.834 --> 07:30.764 is exactly where we should be. I was saying I will not have all the answers,

07:30.774 --> 07:35.986 I will not know all of the things to expect or how to lead people in every situation.

07:35.996 --> 07:40.736

But being able to get those resources from the people who you're working with.

07:40.746 --> 07:45.286

Being able to say like help guide me through this because there may be instances where

07:45.296 --> 07:51.726 someone in the room has more information about the topic than you do or someone on the team

07:51.726 --> 07:55.306 may have more information. And I think that's a really great question of

07:55.306 --> 07:58.976

saying, well how can we gain resources from one another.

07:58.986 --> 08:04.810 You know, in those situations where you may have felt like worried about the ability to

08:04.810 --> 08:10.410 have those answers, how did you manage that

doubt and uncertainty that can rise up in those

08:10.410 --> 08:12.040 times? A good question.

08:12.040 --> 08:15.720 I honestly haven't thought that much about what's the thought process behind.

08:15.730 --> 08:20.140 I honestly think it's just part of with the work we do.

08:20.150 --> 08:23.580 And as a leader. I think you you just never will have all the

08:23.580 --> 08:27.110

answers.

I get told that plenty of times that I don't

08:27.110 --> 08:29.360

know exactly.

I don't have all the answers.

08:29.370 --> 08:33.870 And I think that's a good place to stay. And and I've had enough of the failures where I

08:33.870 --> 08:38.050 thought, hey, this is the right way to go and I was completely wrong and it still worked out

08:38.060 --> 08:41.100

okay.

And I think a lot of those times where I didn't

08:41.100 --> 08:45.240 know the answer and I explored it, it got to a better answer than if I would just come by

08:45.240 --> 08:48.200 myself for made a guest and said, all right, I know best.

08:48.200 --> 08:52.060 I'll just go this way for sure. And I've definitely seen that happen even just

08:52.060 --> 08:57.290 on our team, especially when it comes to diversity and inclusion you as the leader,

08:57.290 --> 09:00.070 being able to say like you guys help me out with this,

09:00.083 --> 09:02.893 this is what I'm what I'm managing, This is the case.

09:02.893 --> 09:08.423 This is what it looks like and pulling from the resources that were on the team and saying,

09:08.433 --> 09:12.783 hey, how can I move forward with this? And so I've appreciated that as being a part of

09:12.783 --> 09:17.233 the team and being able to see that in the leadership style and say like,

09:17.243 --> 09:21.573

oh wow, Like we're we're in this and we're all giving those resources.

09:21.583 --> 09:24.833

Yeah.

When it comes to diversity inclusion as a white

09:24.833 --> 09:30.456 male, it's how much do I know it is, it's an experience I often thought about that within my

09:30.456 --> 09:33.286 demographic. I don't have a lot of experience with that.

09:33.296 --> 09:37.726 And, and the best thing is to seek to understand and learn in those.

09:37.736 --> 09:40.486 And the other thing is thinking back to your question.

09:40.496 --> 09:45.626 The biggest help I think to, and to be able to

do that is trusting people to be able to tell

09:45.626 --> 09:50.566 you, hey, you messed up or you know, that's not right or this is what we do.

09:50.576 --> 09:55.666 And I think that's what I've appreciated about our team is people have said in a respectful

09:55.666 --> 10:00.560 kind of way, but hey, this isn't that didn't come across right or this wasn't you didn't say

10:00.570 --> 10:03.750that or you're missing the point.You're you're not considering this point of

10:03.750 --> 10:06.240 view.

And as I'm thinking about your question,

10:06.250 --> 10:10.410 it is having that trust in people that they'll tell you honest feedback.

10:10.420 --> 10:14.000 You're not just one of the weaknesses I have is like in my own head,

10:14.010 --> 10:16.570 I've talked with my own coaches about this. You know,

10:16.570 --> 10:19.690 those inner thoughts were kind of like, should I have said this or should I do this or I can

10:19.690 --> 10:24.640 go this way I could go this way where I feel safe and comfortable is when I know people say,

10:24.650 --> 10:29.210 nope, that was wrong and then, you know, it was supposed to guessing what they're thinking and

10:29.210 --> 10:32.630 that you might have said the wrong thing being able to trust people and I think you guys,

10:32.640 --> 10:37.080

the one that stood out to me on our team, we talked about was remember we're talking about

10:37.080 --> 10:41.490 some experience and I was talking to you specifically and I said that as a black woman,

10:41.500 --> 10:44.580 you know what is it? And I remember hesitating,

10:44.590 --> 10:48.090should I say black?I say african american and how to do it.

10:48.100 --> 10:50.740 And I want you guys have helped create an environment where I could say,

10:50.740 --> 10:52.280 hey, what's the right way to say? You know,

10:52.280 --> 10:55.510

The Journey to Diversity and Inclusion with Dr. Kipp Corbus what is appropriate? And you helped me figure that we all kind of

10:55.510 --> 10:59.200 talked about different things and got to hear people's opinions on that as opposed to me

10:59.200 --> 11:03.330 guessing and wondering and I think the best advice you guys gave me was just ask and that's

11:03.330 --> 11:06.800something that stuck with me.I've tried to share that other leaders as they

11:06.810 --> 11:11.110had those conversations.Um just ask, Yeah,

11:11.120 --> 11:17.840that is a really big point of saying one.Have the conversations being able to

11:17.840 --> 11:21.780 have that dialogue.

Even when you have some of that discomfort that

11:21.780 --> 11:27.280 can come with these dialogues build the trust in your team with being able to say like you

11:27.280 --> 11:31.470 know what that didn't come off right or that didn't sound right and you know,

11:31.470 --> 11:37.990make it a culture that is open to mistakes,make it a culture that is open to mistake

11:38.202 --> 11:43.722 and and areas of growth but then also being able to know and say,

11:43.732 --> 11:48.872I don't know how to approach this, like what's the best way to do it and allowing that

11:48.872 --> 11:55.152diversity of thought and experience to come inand be a part of that dialogue and conversation

11:55.162 --> 11:59.552 because I think it's really easy for people to want to avoid the mistakes when addressing

11:59.552 --> 12:02.602diversity and inclusion.So I often hear comments like,

12:02.612 --> 12:07.094 well just tell me exactly what to say or tell me exactly how to do this.

12:07.094 --> 12:13.284 And the reality is that there's a pretty sure guarantee that we're all going to make mistakes

12:13.294 --> 12:18.374 and yeah, that creates discomfort and nervousness but allowing yourself to walk

12:18.384 --> 12:22.234 through that is a part of the growth and it's a part of the process.

 $12:22.274 \rightarrow 12:26.014$

One of things I think somebody on our team said it was when we noticed a little bit of a

12:26.014 --> 12:30.694 turning point for having those conversations is when we stopped checking in did I say it?

12:30.694 --> 12:32.514 Okay.

Was that conversation? Okay.

12:32.524 --> 12:35.996 And that that's another thing that's kind of stuck with me as we've been talking about this

12:36.006 --> 12:39.676 is once we get to the point where it's like, alright, we're gonna be as genuine and

12:39.676 --> 12:42.646 authentic as we can, we're gonna have the conversations that are tough and there's

12:42.646 --> 12:47.626

potential to say the wrong things, that's where the trust of if it's something said wrong,

12:47.636 --> 12:51.886 we'll bring it up and and that's when I noticed myself, I noticed other people on the team

12:51.896 --> 12:54.166 where we stop saying, hey all right, Did I say it right?

12:54.166 --> 12:59.006 And I still feel at times when we have some of our larger organization discussions about that

12:59.016 --> 13:03.558 after I say something larger college, was that right or did I say it wrong?

13:03.568 --> 13:07.908 And I have that temptation to sin and I am or to check in to say was that right?

13:07.918 --> 13:13.318 And I think the best feedback I've heard that

has helped me is just like we'll tell you and

13:13.318 --> 13:17.518once we got to the point of not needing tocheck in was when we can get to that point of a

13:17.518 --> 13:20.648little more authentic.Yeah, I think that's a great marker,

13:20.658 --> 13:24.858 you know, as you're thinking about as your team and you're leading the team like what's a great

13:24.858 --> 13:29.330 marker that we're creating this culture of include and we're talking about these things

13:29.340 --> 13:35.780 and a great part is being able to be authentic and genuine and not so hesitant that it really

13:35.780 --> 13:42.030delays the ability to have those conversations.One of the things I know that has also been

13:42.030 --> 13:48.510 helpful for our team is the ability to be like humble like to have that

13:48.510 --> 13:53.230 humility in those conversations when we have those conversations and someone says,

13:53.240 --> 13:58.192 oh that didn't really land why or no, I don't think that's the best way to,

13:58.192 --> 14:02.742to put that.Um, no one gets up in arms or you know,

14:02.742 --> 14:06.812 it's like, oh my goodness, like I can't believe you told me that or I can't believe you said

14:06.812 --> 14:13.082 that in front of all of these people, it's that ability to be humble or have that humility in

14:13.092 --> 14:18.562 these conversations and I think that comes from just the knowledge of knowing that there will

14:18.562 --> 14:22.420 be missteps and that's where a lot of the learning occurs.

14:22.590 --> 14:25.210

Yeah.

Our work is messy and we're working with

14:25.210 --> 14:30.200 leaders every day and trying to help them figure out what they need to do our our options.

14:30.210 --> 14:34.220

And part of that is we have to be home because we're working with these leaders who are in

14:34.220 --> 14:39.820high level positions.I can tell you a lot smarter than me and and um

14:39.830 --> 14:45.750

so you've got to kind of go in with that. Okay, feeling that you've got to be humble and

14:45.760 --> 14:47.590

that you're not going to know as much or you're not gonna,

14:47.600 --> 14:53.850 but knowing kind of what you can add and what you can offer sometimes that's some clarity,

14:53.860 --> 14:57.530 looking at other options or just being a support.

14:58.300 --> 15:04.380 And and it's interesting cause you're in a unique space of being a leader who's also

15:04.390 --> 15:09.960working directly with helping leaders navigate.Um, some things like these discussions on

15:09.960 --> 15:15.560 diversity and inclusion, Are there any key

things that you tend to pull out and say,

15:15.560 --> 15:21.010 you know what, these are some of the ways that you can approach this in your discussions with

15:21.010 --> 15:27.710 your teams or with other Yeah, I mean full disclosure, I'm figuring it out

15:27.710 --> 15:32.070 still too. And so I think a lot here a little bit with

15:32.070 --> 15:35.410some of these things.So one of the things I think is some of the

15:35.420 --> 15:39.540 leaders in our organization model this and I think we've noticed some of the conversations

15:39.540 --> 15:44.820 we've had just providing that space and just making that space available to have tough

15:44.820 --> 15:49.090conversations has been big.The biggest, I think I've told leaders and it's

15:49.090 --> 15:53.300 what I've tried to follow, what I've noticed other effective leaders doing is take the risk,

15:53.300 --> 15:55.720 set the space up and then let's figure it out from there.

15:55.730 --> 15:59.570Because I hear the biggest concern I have is it's gonna be crickets and people are nervous

15:59.570 --> 16:02.740about that and I can get it.That is one of the benefits as a psychologist.

16:02.740 --> 16:07.560We're taught to be ok with silence.And one of the things I told a recent

16:07.560 --> 16:11.670conversation with leader when they're like it's gonna be crickets and nothing's gonna work.

16:11.880 --> 16:14.950I said it might be would be okay with it.And I said,

16:14.960 --> 16:19.950even if this helps, you just put 60 seconds onyour watch and just don't say anything for

16:19.950 --> 16:24.250those 60 seconds and just be okay with that and it might be anxiety provoking,

16:24.260 --> 16:27.450but sit with it and see what happens.Um and what they did,

16:27.450 --> 16:32.380 they did it and somebody spoke up and then it was kind of a snowball effect of people talking.

16:33.420 --> 16:39.710

So that's one of the things is just, I think there's an urge to just talk and to fill the

16:39.710 --> 16:43.230 space and say, okay I'll go where I think it can be powerful to just to sit with it.

16:43.240 --> 16:46.980And a lot of times people are building up their confidence and courage to say something and it

16:46.980 --> 16:49.700takes a little bit of time.So given that time is helpful,

16:49.710 --> 16:55.170 the other piece that I think has been helpful is you're listening to understand and asking

16:55.170 --> 17:01.200 questions to understand so much of and I can say I feel the search all the time,

17:01.210 --> 17:06.580 I'm sure I know I do it and I will I will

counter people to come up with an argument.

17:06.830 --> 17:10.440Um this is no, it should be this way or no, you're wrong because of this,

17:10.440 --> 17:14.230 this and this particularly diversity inclusion conversations, but I think with all

17:14.230 --> 17:19.760 conversations, if you can go in saying, I really want to hear this person's perspective

17:19.770 --> 17:23.390 and story and where they're coming from and just stay there with that,

17:23.400 --> 17:27.160it can be helpful.Um so I think both listening with it and and

17:27.160 --> 17:31.230 almost telling yourself you've got to listen to understand and then if you ask questions,

17:31.240 --> 17:35.800 make sure it's not a challenging question, but want to further understand where they're coming

17:35.800 --> 17:39.910 from, easier, easier said than done because oh, most certainly right,

17:39.920 --> 17:43.620 because in the moment it's like, oh my goodness, like let me feel that silence,

17:43.620 --> 17:48.070 let me protect the room or as opposed to just listening and saying,

17:48.080 --> 17:53.690I wanna gather from your perspective and your experience, um I love that thought around

17:53.690 --> 17:58.390practicing failure.So practicing the worst case scenarios and

17:58.400 --> 18:04.780 allowing yourself to feel that discomfort but but not fully just re fly in those situations

18:04.780 --> 18:10.540like what happens if there is silence likepractice the silence and practice what that

18:10.540 --> 18:14.000feels like.I had a conversation with a friend who talked

18:14.000 --> 18:20.350 about Matthew Knowles who is Beyonce's father and he said when they were young and they were

18:20.350 --> 18:26.700 doing destiny's child, he would make them practice failing so he would do things like in

18:26.700 --> 18:32.180 the middle of them singing, he would turn off all the sound or he would flick the lights in

18:32.180 --> 18:37.830

the middle of their routine or knock over the microphone stand and it was his way of saying

18:37.840 --> 18:42.360 there will be failures, there will be awkward situations, there will be moments where you

18:42.360 --> 18:46.200 think you got it and then all of a sudden something happens,

18:46.210 --> 18:50.380let's practice those, let's prepare for thosebecause they're going to happen.

18:50.390 --> 18:55.370 And I think that is a great way of thinking about these conversations because they do,

18:55.370 --> 19:00.770they're charged the dialogues, they bring a lot of emotion for a lot of people and so

19:00.780 --> 19:04.720 practicing those moments where there may be

some more awkwardness,

19:04.730 --> 19:07.760 could help you with brainstorming how to overcome them.

19:09.360 --> 19:13.680 Yeah, I mean I thought it was genius when I, when I heard him talk about it,

19:13.680 --> 19:18.450I was like, oh my goodness, that's genius.Of course you can't circumvent every failure

19:18.450 --> 19:24.860but if you can practice and build that muscle around failing and being able to rebound from

19:24.860 --> 19:28.990 it that could definitely build the confidence and that's I know the focus,

19:28.990 --> 19:33.560 this is failure and I can think of there are a few other conversations we had initially and

19:33.570 --> 19:39.120 and I remember that sick feeling after some of those conversations like that did not feel

19:39.120 --> 19:45.610 right today and I physically felt like a awkward and but it's it's still,

19:45.620 --> 19:49.630 it didn't ruin things, it didn't stop us from moving forward.

19:49.630 --> 19:52.700It didn't stop us as a team.And I think that's probably a similar example

19:52.700 --> 19:56.780 to what you know kicking over the microphone if you see it's not gonna break everything that

19:56.780 --> 19:59.810 makes it okay and it makes a little more comfortable next time something like that does

19:59.810 --> 20:05.980happen that you can recover definitely andbeing a part of the team and doing some of that

20:05.990 --> 20:10.490 really helped with I think building the trust in one another.

20:10.500 --> 20:17.260 So being able to see that we could have a conversation that just literally falls flat on

20:17.260 --> 20:23.500 its face and still be able to work through that, still be able to talk through that or bring

20:23.500 --> 20:28.790 this dialogue back up again the next time. I think the that helped us to start to build

20:28.790 --> 20:33.640 the trust to get to the place that we are where we are able to have these dialogues in a space

20:33.640 --> 20:40.160

that feels authentic and genuine and so I think trying to avoid the mistakes or trying to avoid

20:40.160 --> 20:45.050 the awkwardness actually stunts grow. It's one of the things you talk about couples

20:45.050 --> 20:49.280 therapy, they talk about, there's not having arguments, it's how you recover the arguments.

20:49.280 --> 20:53.900 And I've heard other people talk to leaders about it said this like yeah,

20:53.910 --> 20:59.250 we're gonna have disagreements and but it's how you recover from it and can you recover from it

20:59.250 --> 21:01.480 and past experiences where you have recovered from it?

21:01.490 --> 21:08.130 Definitely on a past episode, one of the guests

shared failing forward as a way to think about

21:08.130 --> 21:11.000it.And I just thought that was really ingenious.

21:11.000 --> 21:14.730 Like yeah, you know, usually we think about failing, we think about failing down,

21:14.730 --> 21:19.070but failing forward is a way to think about it.As like you said,

21:19.070 --> 21:23.850 that growth that comes from having these dialogues and knowing that sometimes they will

21:23.860 --> 21:29.210not feel the most comfortable.So what I'm hearing is like that first step is

21:29.210 --> 21:34.300 want to be able to just have the conversations without feeling as though you need to know

21:34.300 --> 21:37.960 everything every answer or every direction that it's going to go.

21:37.970 --> 21:43.510 So being able to just at least start the dialogues, but then also being able to have

21:43.510 --> 21:46.540 things like making sure that you're there to listen.

21:46.550 --> 21:51.700Um you're there to hear those diverseperspectives or just those experiences and then

21:51.700 --> 21:58.380 you're also practicing those those situations that may feel awkward that may not feel as

21:58.380 --> 22:02.980 though you knocked it out of the ballpark every single time I know on our team.

22:02.980 --> 22:09.150

We've talked about the difference in diversity and inclusion and how diversity is looking at

22:09.160 --> 22:14.700 the numbers in the room or at the table, but inclusion is really allowing people to feel

22:14.710 --> 22:19.660 apart and as they belong to teammates, shared a really great phrase that said,

22:19.660 --> 22:24.690 diversity is being invited to the party and inclusion is being asked to dance.

22:24.700 --> 22:31.040 And so in those instances, how would you push leaders past this thought of diversity?

22:31.050 --> 22:35.510 And that's all we need and how to lean into inclusion.

22:35.520 --> 22:38.730

So there's a couple things I can think of. One experience I've had.

22:38.740 --> 22:42.590 One thing I think was really helpful is thinking about your own story.

22:42.600 --> 22:47.670 And and one of the experience I just had with leader where they were of a minority group,

22:47.670 --> 22:50.090 they're black, but they're part of another minority group.

22:50.100 --> 22:54.320 And so it's kind of like, well, you know, let's

22:54.320 --> 22:57.590going through.And and we talked a little bit about their

talk about this issue and what black people are

22:57.590 --> 23:02.120 story and it was fascinating to hear.

And and there was a lot of experience of

23:02.130 --> 23:04.720 experiences of discrimination. And you know,

23:04.720 --> 23:08.500 they look different from there was definitely a minority in the situation and they talked about

23:08.500 --> 23:12.890 how challenging that was and what took to overcome it and through that we were able to

23:12.890 --> 23:15.810 reflect on that a little bit and talk about what helped you get through that.

23:15.820 --> 23:21.310 And the theme was that it was they received support along the way that helped them get this

23:21.310 --> 23:24.030 drive that they still have and the ability to do it.

23:24.040 --> 23:27.850 So I think learning from your own story, recognizing some of the challenges,

23:27.860 --> 23:31.370

A lot of people just assume they don't have challenges, everybody's got their own story.

23:31.380 --> 23:36.140 And I think knowing what challenges you've gone through and what helped you through that can

23:36.140 --> 23:40.100 help you kind of figure out what what others need, what stories they might have themselves

23:40.100 --> 23:43.720and how to get through it.So for me, that one was definitely talking with

23:43.720 --> 23:49.340

the client about hearing about their story and me learning from it and then learning from it

23:49.340 --> 23:52.390 kind of using that the other piece. And it was interesting.

23:52.400 --> 23:57.980 Another group I was working with, there was only one white person in the group and they

23:57.980 --> 24:02.120 talked, we were talking about having just really open conversation about diversity

24:02.120 --> 24:04.050 inclusion. And they kind of spoke up at the end,

24:04.050 --> 24:06.850 they said, you know what this is? Um my thing.

24:06.860 --> 24:11.730 I'm not good at this. I am uncomfortable in these and I don't really

24:11.740 --> 24:14.720

there's not much I can do or help within this was fascinating.

24:14.720 --> 24:19.630

And it was really powerful that I could just sit back and watch was the rest of the group

24:19.640 --> 24:23.420 who are from that all from different minority groups, very diverse group,

24:23.430 --> 24:26.040 but different minority groups. That they ended up saying,

24:26.040 --> 24:28.680 no, no, no, you're you're short, you're selling yourself short.

24:28.680 --> 24:33.230 Here's something you did for me the other day. Here's what you do for the other team.

24:33.470 --> 24:37.740 That was really helpful.

And and I do just think it is.

24:37.750 --> 24:41.430 I love that dancing, you know, that inclusion is invited.

24:41.440 --> 24:45.470 Um what is that what you tell me again, it's always so,

24:45.470 --> 24:50.000 diversity is being invited to the party. Inclusion is being invited to dance.

24:50.410 --> 24:52.500 Yeah. And and perfect.

24:52.510 --> 24:56.400 And so I think that's a that's my failure. I forgot that quote one of my failures.

24:56.410 --> 25:03.170 Um, the but I do think that that was them. Like even and then I think it was powerful that,

25:03.180 --> 25:07.620 you know, it was a discussion about diversity and discrimination for minorities.

25:07.630 --> 25:11.880 But then all those people telling the stories about their own discrimination helped.

25:11.890 --> 25:17.350It basically invited that person to dance.I thought it was a really powerful.

25:17.360 --> 25:20.530

I was fortunate because I was just I was just sitting there listening and it all happened.

25:20.860 --> 25:27.130

Um, but it's really eye opening to me to watch that and and powerful to see just I think that

25:27.130 --> 25:33.370 was a good example of how everybody at a certain point can be invited to the dance and

25:33.370 --> 25:36.830 how how people kind of pay attention to that and hearing each other's stories and

25:36.830 --> 25:39.520

experiences.

And just really and that was an example of them

25:39.520 --> 25:43.990 seeking to understand where they heard that and said, let's where can we help here?

25:43.990 --> 25:49.990

And they were able to Yeah, I love that as an example of being able to know what your story

25:49.990 --> 25:52.370

is.

You know, or even if you don't know what it is.

25:52.370 --> 25:56.370 Being able to just be reflective of that. What is my story?

25:56.380 --> 26:01.560

What am I bringing also to the table to have be a part of this discussion?

26:01.570 --> 26:04.940

And everyone, like you said, everyone has their story.

26:04.950 --> 26:11.450 Um and everyone has a story to bring into this conversation and to enrich the conversation any

26:11.450 --> 26:17.040 time that there is this point of diversity of experiences, like it enriches the conversation.

26:17.050 --> 26:22.800 And so allowing that to be a part of the dialogue really pushes past just that diversity.

26:22.800 --> 26:27.730 We're checking off the boxes and allows us to really lean into inclusion,

26:27.730 --> 26:33.130 which is everyone belongs in this discussion

because that's what's going to grow it.

26:33.140 --> 26:36.840 That's what's going to enlarge it. And so that's a great example.

26:37.060 --> 26:41.700 Yeah, yeah. I'm sure it was, I'm sure it was.

26:41.710 --> 26:48.280 And I'm sure the things that that team learned and just not that that one individual who said

26:48.290 --> 26:52.720 this isn't for me, but as a team, how they learned to say no,

26:52.730 --> 26:56.810 Like let's have this dialogue together, we're all a part of this dialogue.

26:56.820 --> 27:00.330 Just the things that they learned, I'm sure help them grow in team.

27:00.340 --> 27:06.360 Well at the end of each episode, I like to do a little bit of a word association.

27:06.370 --> 27:10.930 And as a fellow psychologist, you know exactly how word association works.

27:13.220 --> 27:18.600 I'm gonna say a couple of words and just get your initial thoughts on those.

27:18.610 --> 27:22.010 So the first word is diversity. I think it's relevant.

27:22.020 --> 27:24.490 It's needed. It's helpful.

27:24.500 --> 27:29.270

It's one of the thing I valued um as we've increased our diversity and and that includes

27:29.280 --> 27:33.720 race, that includes backgrounds, that includes profession, that includes experience.

27:33.730 --> 27:40.300 It's so helpful to a well rounded team and it's something to embrace and celebrate.

27:40.310 --> 27:46.740Okay, the next word is brave spaces.It does take bravery to be okay.

27:46.740 --> 27:49.540Like we talked about with the silence.You need to be brave with that.

27:49.550 --> 27:52.950 You need to be brave to just broach conversations where you're gonna have a sick

27:52.950 --> 27:56.700 feeling, you might have a sick feeling after it and figuring out how to recover.

27:56.710 --> 28:00.370

And also I think people can have a strong impact on those spaces,

28:00.370 --> 28:05.080like I said about our team.I think you guys help us help me as a

28:05.080 --> 28:10.300 supervisor, but just help our team have that comfort and ability and those that there's be

28:10.300 --> 28:13.570honest feedback and that's okay.There's going to be good conversations that can

28:13.580 --> 28:18.400be tough conversations and you can recover from.So I think people have a powerful role in that

28:18.410 --> 28:22.230and how you approach it.Definitely people have that very powerful and

28:22.230 --> 28:27.970 very integral role in creating the bravery,

like creating the space for that to even exist

28:27.970 --> 28:31.890 and to grow Okay, next word. Inclusive leadership.

28:31.900 --> 28:36.600 I think a servant leadership, I think of all the things that are Yeah,

28:36.610 --> 28:42.830it's using the being invited to the dance.It's you read any leadership book that people

28:42.830 --> 28:45.650want to have an impact.People want to feel like they're making a

28:45.650 --> 28:50.800 difference and bringing people into that and respecting those different perspectives and not

28:50.800 --> 28:53.190 just trying to find people that think like you right?

28:53.200 --> 28:57.410 Yeah, I love that. Yeah. And lastly audacity to fail.

28:57.420 --> 29:00.480 Yeah.

If you just don't take risks then you're

29:00.480 --> 29:05.840 probably not doing that fun or cool stuff. Yeah. I think there is a boldness and that's why I

29:05.840 --> 29:09.810 love the concept you came up with for this podcast because it's okay,

29:09.820 --> 29:11.750 we even talk and I think it's fascinating talked about,

29:11.760 --> 29:15.090 should we include failure in this is that too negative or not?

29:15.100 --> 29:17.860 And I think it's great. It is if you think you're a leader who doesn't

29:17.860 --> 29:24.860 fail then you probably aren't either right or or or you're not doing what you need to

29:24.860 --> 29:27.070 do to really challenge things and do it differently.

29:27.080 --> 29:31.690 I think failure gets a bad rep, you know that it's this horrible thing that we should never

29:31.690 --> 29:36.930 do and the amount of learning that comes from, I mean just as humans,

29:36.940 --> 29:41.810 the the way that we learn is through the mistakes that we make.

29:41.820 --> 29:44.830

You know and so the amount of learning that comes from failure,

29:44.840 --> 29:49.020

if we discount all the failures then we're gonna be discounting some really like you said,

29:49.020 --> 29:54.520 some fun stuff, Some bold stuff as well as like a huge amount of growth and learning.

29:54.520 --> 29:58.320 So I'm excited to continue talking about failure in this way,

29:58.330 --> 30:04.460 especially with leaders as they are able to be vulnerable and talk about some of some of their

30:04.460 --> 30:08.460 missteps. So I appreciate you for being on this episode.

30:08.470 --> 30:14.060 Um this is a great conversation with talking

about how to begin having those dialogues

30:14.060 --> 30:19.030 around diversity and inclusion, how to feel all of the emotions that come along with those

30:19.030 --> 30:22.700 dialogues, whether it's anxiety, whether it's like sick to the stomach,

30:22.700 --> 30:29.310 whether it is success or failure, how to feel all of that and then how to continue

30:29.310 --> 30:33.590 to push forward without letting that paralyze you.

30:33.600 --> 30:39.520 And so hopefully we continue to have those dialogues on our team and this helps propel

30:39.520 --> 30:42.080 some of those dialogues moving forward for other leaders.

30:42.080 --> 30:48.880So thank you for being here today.I'm curious to listen and learn from the other

30:48.880 --> 30:52.450 conversations you have because I think those are going to be fascinating to listen to and

30:52.460 --> 30:56.540 like I told you before this, I was nervous for this uh and you did a great job of leading me

30:56.540 --> 31:02.160 through this because I'm sure I failed a few times on this and didn't say things as clearly

31:02.160 --> 31:07.570 as well as I could, but I really appreciate you and uh thank you.

31:08.020 --> 31:13.380 So we've come to the end of another great episode of the audacity to fail podcast.

31:13.390 --> 31:17.970Thank you for tuning in to learn how missteps can lead to growth and success.

31:17.980 --> 31:20.520 Be sure to check out the key lessons in the show notes.

31:20.520 --> 31:25.680For a refresher to request services from theNational Center for Organization Development.

31:25.690 --> 31:28.360

Check out our website, also linked in the show notes.

31:28.380 --> 31:32.770

Remember if you missed the target 100 times, you have not failed.

31:32.780 --> 31:37.210 Instead, you've simply found 100 strategies that did not work,

31:37.220 --> 31:40.840

be well and continue to fail forward until next time.

31:40.850 --> 31:41.670

Thank you.